

Recommendations to incorporate the Eight Dimensions of Health in your church. An opportunity to bring in one of these professions to assist the church community that struggles with any dimension of health.

Note: This is for churches to plan an event within their community, not the Well Church Initiative.

### **Financial**

- Financial Advisor
- Certified Public Accountant
- Credit Counselors
- Estate Planning/Bankruptcy Attorneys

### **Physical**

- Primary Care Physician
- Nutritionist
- Personal Trainer
- Physical Therapist

### **Emotional**

- Counselor
- Therapist
- Psychologist
- Psychiatrist

### **Occupational**

- Career Coach
- Human Resources Professional

### **Social**

- Community Leaders
- Volunteer Organizations
- Social Groups

### **Spiritual**

- Clergy
- Pastor
- Religious Leader
- Spiritual Advisor

### **Environmental**

- Public Health Officials (Health Inspector, epidemiologist, public health physicians)
- Environmental Consultants

### **Intellectual**

- Teachers/Professors
- Mentors