

Random Acts of Kindness

AT SCHOOL

The list below is packed with thoughtful and clever kind gestures to do at school. Have your students try one or two today.



Improving Health Together



1. Say thanks- just thanks- to a teacher/paraprofessional or a student for no reason.
2. Be a study buddy- or help a student with homework or assignment in class.
3. Offer to help clean up supplies in the classroom after class or after school.
4. Let another student go first on the playground.
5. Look around and find a student by themselves and ask them to join you.
6. Compliment a custodian or cafeteria worker on their great work.
7. Offer to help sort books in the library.
8. Bring a treat to the office workers or principals.
9. Write a thank you or encouraging note to your counselor or nurse.
10. Tell each of your friends at school one thing you like about them.